

DEVOTIONAL

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"FREE...indeed!

Do you have a really big regret? A huge regret that if you could have one opportunity to re-live a moment and do something differently, that would be the moment you would choose for your 'do-over'? Do you carry the weight of that day around with you?

Do you believe that Jesus keeps his promises? Every, single promise?

Through Jesus' disciple John, who was also one of his closest friends, Jesus promises you, "So if the Son sets you free, you will be free indeed." John 8:36 There is no longer any need for you to carry the guilt of that day with you. Because of Jesus, you can have confidence that you are forgiven. You don't have to carry the weight of a burden that he has already lifted off of you.

You are free to live without that pain. You are free to celebrate what God has done for you with a life of joy, love, and faithfulness.

Now we also know from Scripture that our past decisions do have consequences, and we may still need to face the reality of those consequences, but we no longer need to carry the guilt and shame...you have been set free, indeed

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!Instead of regretting the past and saying, “Why did I do that?” can we learn from the past and say, “What did I learn from that? What will I do next time?” That is honoring God with our body, mind, and soul!

When we trust God to be our God and to keep his promises to us, that is our daily act of worship!

Prayer: Heavenly Father, I fall short every day. Every day I do things I regret. Thank you for forgiving me, thank you for setting me free. This one particular sin I did in the past really plagues me, Lord I trust that you have removed that sin from me, now please help my heart and spirit to feel it. Help me to feel like I have been set free and to live a life of service to you and the people around me each day.

**In your son’s name, I pray this and know you hear me.
Amen**

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