

WHAT IS BALLET?

Ballet is a way of telling a story using dance and music instead of words. Dancers tell stories using movement patterns, rhythm and expression. Ballets typically include costumes and scenery.



HOW LONG HAS BALLET BEEN AROUND?

BALLET CAME FROM DANES THAT WERE PERFORMED IN THE LATE 1500S FOR WEALTHY COURT MEMBERS IN FRANCE. KING LOUIS XIV ESTABLISHED THE ROYAL ACADEMY OF DANCE FOR THE STUDY OF BALET, AND ITS DANCERS DEVELOPED MANY OF BALLET'S BASIC STEPS AND POSITIONS.

CHOREOGRAPHY is the creation of the dance steps and movements. Coreography in ballet became more athletic in style in the 19th century.

COSTUMES are important in the ballet world. Early ballerina skirts were longer and layered, which made it difficult for the ballerinas to move!

