

Micki Ross Women's Growth Group Leader St. Andrew Lutheran Church "God's Word is full of beautiful poetry. There are songs of sorrow, praise, redemption, and love. Listen to the story told in the ancient songbook called Psalms, in Psalm 69. It's a story many of us can identify with. The author, David, begins by desperately asking God to save him from injustice.

Save me, O God,

for the waters have come up to my neck. (vs. 1) Those who hate me without reason outnumber the hairs of my head; many are my enemies without cause, those who seek to destroy me. (vs. 4) You know how I am scorned, disgraced and shamed; all my enemies are before you.(vs. 19)

This world we live in throws many challenges at us. It can feel like we never get a break, like we're out here trying to survive on our own. When David felt this way, he turned to God.

But I pray to you, Lord, in the time of your favor; in your great love, O God, answer me with your sure salvation. Rescue me from the mire, do not let me sink; deliver me from those who hate me, from the deep waters. (vs. 13-14)

Micki Ross Women's Growth Group Leader St. Andrew Lutheran Church God doesn't want us to suffer. He sees the injustices around us and he mourns, too. He cares so much for us that he gave his own Son as a sacrifice for us, to give us the hope of a perfect home in heaven. David trusted this, and closed his song with praise for God.

I will praise God's name in song and glorify him with thanksgiving. (vs. 30) The poor will see and be glad you who seek God, may your hearts live! The Lord hears the needy and does not despise his captive people. Let heaven and earth praise him. (vs. 32–34)

Prayer:

Dear God, we pray for your strength in the face of every trial. We especially ask that you stand by your children who suffer injustice of any kind. We entrust them to your tender care. Amen